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21st April 2021

Dear families,

There has been some updated guidance this week from our local public health team with regards to tackling cases of coronavirus in Cheshire West and Chester.

PCR testing for contacts of positive cases

From 9th April if you have been identified as a close contact of someone who has tested positive for coronavirus you are advised to book a PCR test. You should do this at the start of your 10-day self-isolation period. Taking a test is not an alternative to self-isolating. You will still need to isolate for the **full 10 days even if you test negative** for coronavirus. If you live with the person who has tested positive, you should book your test for **3 to 5 days after their symptoms started**. If you do not live with the person, you should book your test for **3 to 5 days after the day you last spent time with them**. If you can't book your test within 5 days, book it as soon as possible. If you're a close contact, but you've **already tested positive in the past 90 days, you should not get tested** but still complete the full 10-day self-isolation period.

What test to use when

Below is a reminder of which tests parents and pupils should be using when:

- **Individual has one of the three COVID-19 symptoms – a high temperature, or a new and continuous cough, or a loss or change in sense of taste and/or smell**

Book a PCR test via the national booking portal <https://www.gov.uk/get-coronavirus-test> or calling 119 and selecting that you have COVID-19 symptoms when prompted.

- **Individual has shortness of breath, muscle or body aches, fatigue, sore throat, headache, nasal congestion or runny nose, diarrhoea, nausea or vomiting**

Book a PCR test via the national booking portal <https://www.gov.uk/get-coronavirus-test> or by calling 119 and selecting you do not have symptoms and then selecting the option 'my local council or health protection team has asked me to get a test, even though I do not have symptoms' when prompted.

- **Individual is well and has not experienced any of the symptoms listed above in the past 10 days**

Undertake an LFD test twice weekly – these tests should not be used if an individual is experiencing any symptoms and is suspicious they are being caused by COVID-19 due to the accuracy of the tests

I understand that the rules around coronavirus can be confusing therefore if you are not sure on what to do if you or your child feels unwell, please do telephone the school office for advice.

The children have settled back into the summer term brilliantly and we have some very exciting learning planned for this term. Please can I ask that all parents support their child to read at least 5 times per week as this is the one thing that you can do at home that will have the most impact on your child's education.

Yours faithfully

Mrs L Roberts
Headteacher